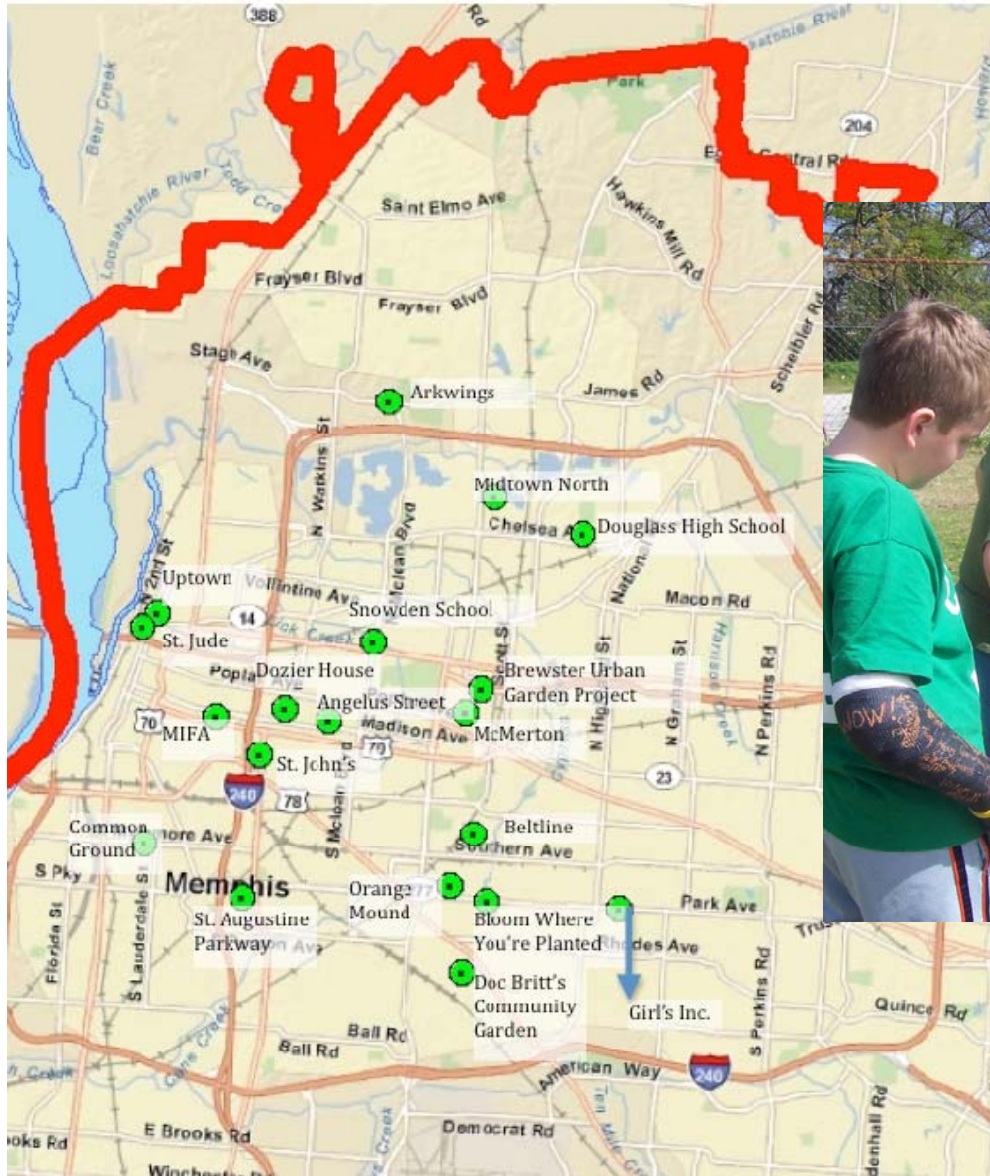




# Making the Personal Public: Growing Food in Common Spaces

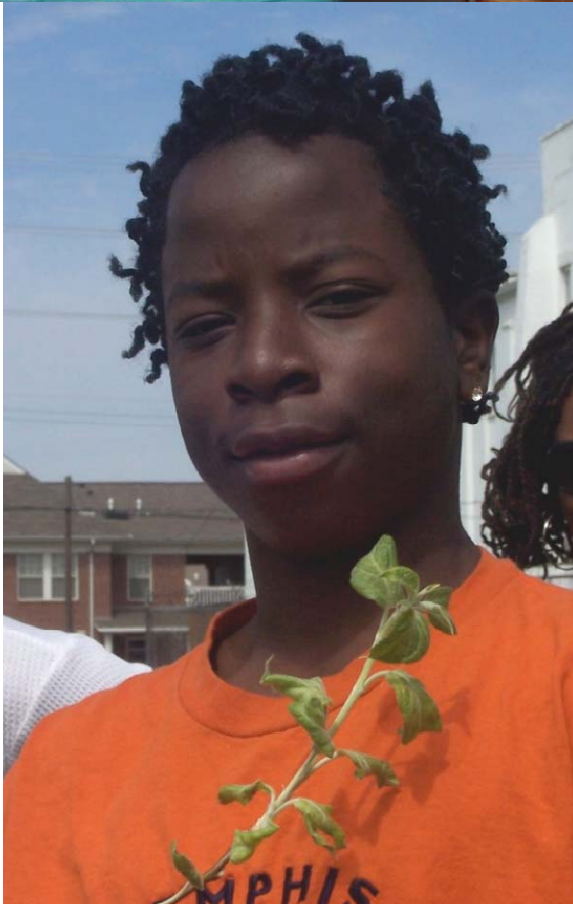
Josephine Williams, GrowMemphis Coordinator  
Mid-South Peace & Justice Center

# Community Gardens





# Benefits of Urban and Community Gardening



Improves the quality of life for people in the garden

Provides a catalyst for neighborhood and community development

Stimulates Social Interaction

Encourages Self-Reliance

Beautifies Neighborhoods

Produces Nutritious Food

Reduces Family Food Budgets



## Benefits of Urban and Community Gardening

Conserves Resources

Creates opportunity for recreation,  
exercise, therapy, and education

Reduces Crime

Preserves Green Space

Creates income opportunities and  
economic development

Reduces city heat from streets and  
parking lots

Provides opportunities for  
intergenerational and cross-cultural  
connections

Source: American Community Gardening  
Association



# How does it work??



GrowMemphis



Leadership Team



Garden Members/Volunteers



# How does it work??

Collective/Communal vs.  
Individual Space

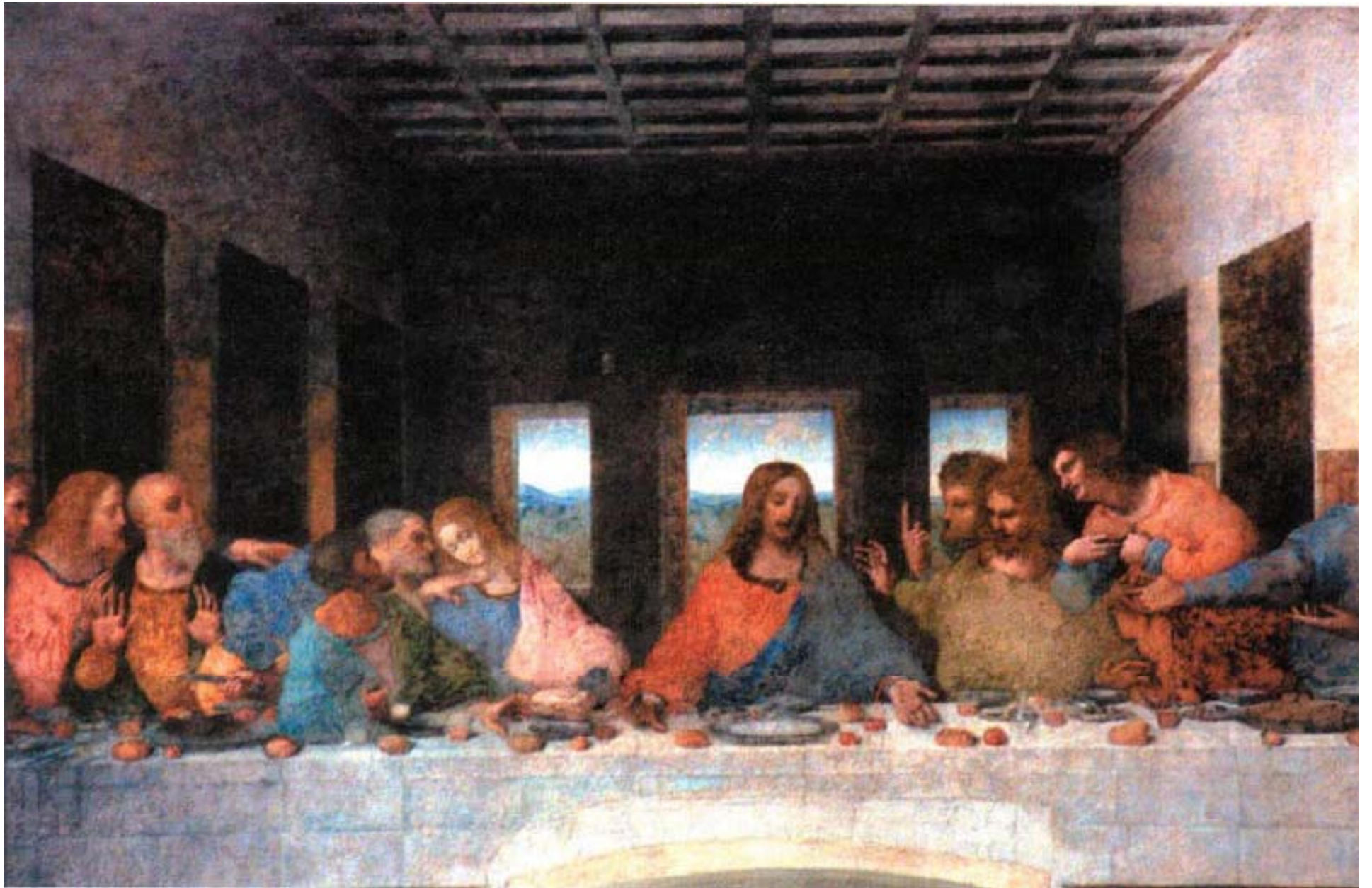


# Where does the produce go??



# Food and Place

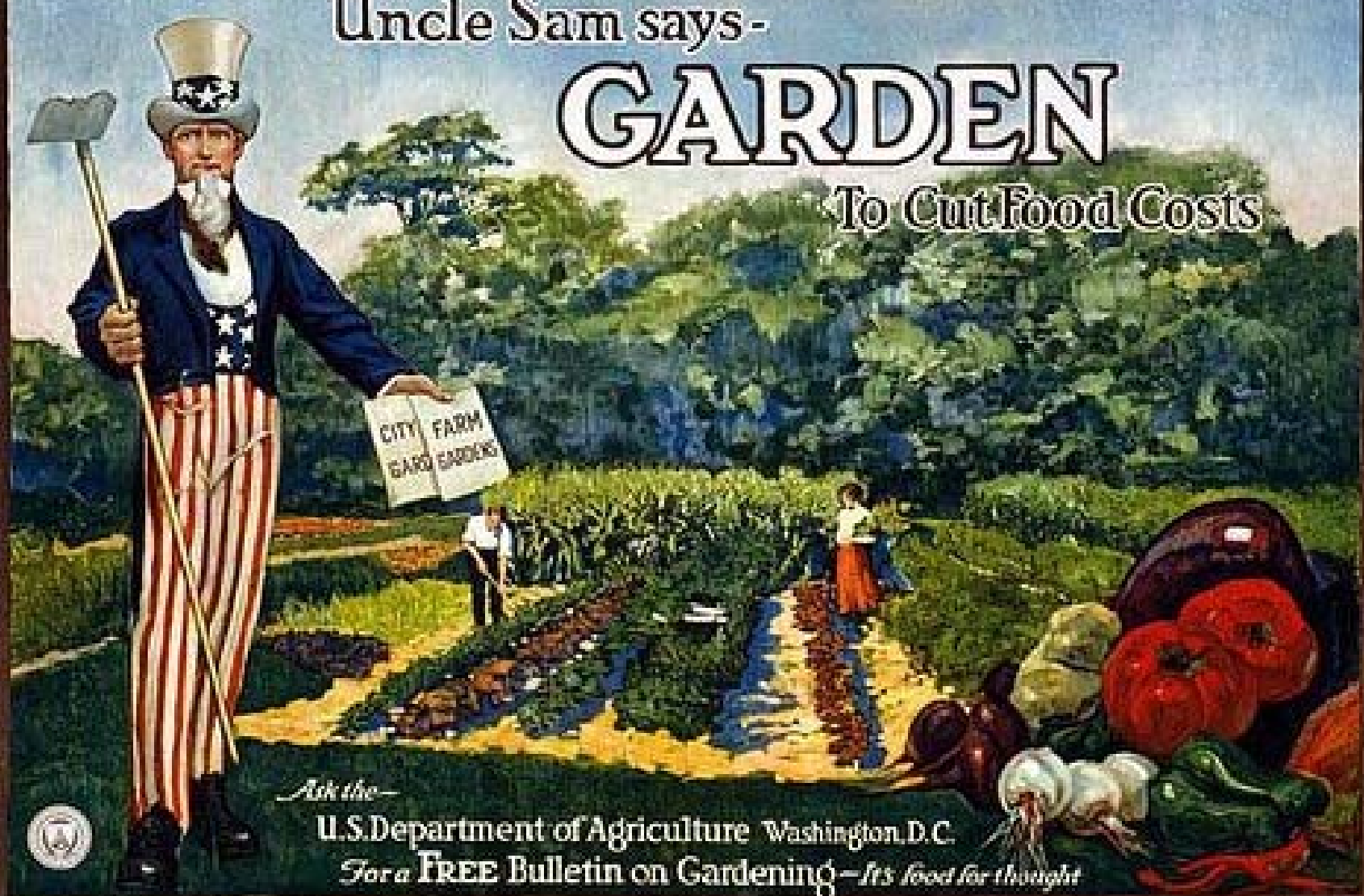




Uncle Sam says -

# GARDEN

To Cut Food Costs



Ask the -

U.S. Department of Agriculture Washington, D.C.

For a **FREE** Bulletin on Gardening - *It's food for thought*